



INSTITUCIÓN EDUCATIVA LENINGRADO

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TALLER No

Septiembre

NOMBRE DEL TALLER: What is an Eating Disorder?

- **ÁREA:** Ingles
- **DOCENTE:** María Elena Muñoz Muñoz
- **GRUPO:** 8o
- **FECHA:** Septiembre 2024

FASE DE PLANEACIÓN O PREPARACIÓN

COMPETENCIA: Describe minor illnesses and give suggestions

- Describe symptoms of eating disorders and express conditions
- Describe past experiences
- Recognize negative health practices

EVIDENCIA DE APRENDIZAJE

- » I can describe symptoms of eating disorders and express conditions.
- » I can describe minor illnesses and give suggestions.
- » I can describe past experiences.
- » I can recognize negative health practices.

FASE DE EJECUCIÓN O DESARROLLO

INSTRUCCIONES: I can discuss natural resources and their uses.

TEORÍA

Actividad uno: Read the webpage and answer questions a–d.

- a. There's a health fair at the school. When is it? From 2nd to 9th June.
- b. Where can you find information about being overweight in Colombia?
- c. Where can you find information about the symptoms of anorexia?
- d. How can you contact a health specialist?

Kennedy School International Week of Eating Disorders

HEALTH NEWS

Health Ministry reports half the population of Colombia is overweight.

Do you often have headaches? Do you feel low in energy? Are you worried about obesity? Get a health check! Read more: Colombianews.com

Doctor speaking!

What is an eating disorder? Talk to the health specialist!
Telephone: 364-555-896

HEALTH CHECKLISTS

Not sure if your friend has an eating disorder? Use these checklists to find out.
Helping you prevent: Anorexia, Bulimia, Binge-eating

Join us! Show you care!

Health Fair 2nd-9th June
Special events! Healthy recipes! Active life workshops!
Talks, competitions, concerts ... and more!

EATING DISORDERS – REAL STORIES!

Read Claudia and Nicolás's stories about recovering from eating disorders.

The Digital Storytelling Project

Share your personal stories to work out problems together.



Actividad dos: Look at the poster. Match the photos (a–e) with the phrases.



eats too little

eats in secret

worries too much about their weight

can't control their eating

vomits after eating

Do you care about your friends?
These are some symptoms or signs of a possible eating disorder. If your friend ...

- a. eats in secret
b. _____
c. _____
d. _____
e. _____

... he/she may have an eating disorder!

Actividad tres: Look at the check-up questionnaire. Label the photos (a–h) using phrases from the Word Bank.

How often do you get a headache?
usually often sometimes
a few times a year never

When was the last time you got a headache?
a few days ago last week last month

What did you do?
I stayed in bed and relaxed.

Word Bank

to have/get:

a headache	stay in bed and relax	bed and relax
toothache	take a home remedy	
a cold	visit the doctor/dentist	
a stomach ache	take some medicine	



EJEMPLOS:

FASE DE EVALUACIÓN

ACTIVIDAD A EVALUAR:

This text describes how Claudia recovered from an eating disorder. Complete the text with the Past simple form of the verbs (a–i).

A few years ago Claudia (not feel) ^a _____ good about her body shape and her weight. She (decide) ^b _____ to go on a diet without any specialist help. Time (pass) ^c _____ and Claudia (continue) ^d _____ eating less and less food. She (start) ^e _____ to feel really bad. She also (avoid) ^f _____ her friends when they (have) ^g _____ plans to go out. Claudia (feel) ^h _____ really lonely. But one day, Claudia had to go to the hospital. Fortunately, Claudia got medical help. When her mother came to the hospital, Claudia (realize) ⁱ _____ that she was not alone.