



# INSTITUCIÓN EDUCATIVA LENINGRADO

Resol. No.2285 de mayo 02 de 2011 Jornada Diurna

Resol. No. 3212 de Julio 01 de 2011 Jornada Nocturna

NIT 816.002.832-0 DANE 166001002886



TALLER No

Septiembre

**NOMBRE DEL TALLER:** Enjoy Your Free Time!

- **ÁREA:** Ingles
- **DOCENTE:** María Elena Muñoz Muñoz
- **GRUPO:** 7o
- **FECHA:** Septiembre 2024

## FASE DE PLANEACIÓN O PREPARACIÓN

### COMPETENCIA:

Give and ask for information about free-time activities.

- Talk about likes, hobbies and interests.
- Talk about future plans.

### EVIDENCIA DE APRENDIZAJE:

- » I can ask for and give personal information about free-time activities
- » I can express future plans.
- » I can express likes and talk about hobbies and interests.

## FASE DE EJECUCIÓN O DESARROLLO

**INSTRUCCIONES:** I can discuss natural resources and their uses.

### TEORÍA

**Activiti 1:** Read the poster and answer the questions.

1. When do the clubs take place?
2. Where do the clubs take place?
3. How can you get more information about the clubs?
4. Which club do you think is the best?



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## CAICEDONIA CULTURAL CENTRE (CCC) COME AND JOIN OUR AFTER-SCHOOL CLUBS! Have fun and develop your talents at the same time!

Do you like playing sport and keeping fit? At the **sports club** we offer a wide variety of team and individual sports. Which one do you prefer?

Are you creative and artistic? Do you enjoy listening to music? At our **arts club** you can learn to dance, play an instrument or draw and paint!

Do you like going to the cinema, watching videos and TV series? If you do, then the **film and media club** is for you!

Do you love reading? Bring your most-loved books to the **book club**. Share your favourite books, stories and characters and discover new ones!

Do you enjoy playing video games? Then come along to our **computer gaming club**. Make new online AND real friends and share virtual adventures with them!

For more information, visit us in person or contact Ms Emilse García at [information@ccc.com](mailto:information@ccc.com)

B. Look at the questionnaire Sara completed about her free-time activities.

### Caicedonia Cultural Centre Teen Club Questionnaire

How often do you ...	Every day	Every two weeks	Once a week	Twice a week
1. play sport?	X			
2. play a musical instrument?			X	
3. go dancing?		X		
4. paint or draw?				X
5. go to the cinema?		X		
6. watch TV?			X	
7. read?	X			
8. play video games?				X

**Activiti 2:** Complete the sentences about the students' favourite activities (1–6).



1. Catalina **loves painting**. She can join the **arts** club.



2. Tomás **enjoys dancing and listening** to music. He can join the ... club.



3. Mónica **loves reading** books. She can join the ... club.



4. Simón **really likes going to** the cinema. He also likes watching TV series. He can join the ... club.



5. Margarita **likes exercising**. She can join the ... club.



6. Samuel and Sonia **enjoy playing** video games. They can join the ... club.

**Activiti 3:** Read a report about how teenagers spend their free time in the countryside and in the city and design a daily activity planner to show what you do in your free time every day.

## How do our teenagers spend their free time?

by Consuelo Mejía

The Colombian Government is very concerned about how urban teenagers are spending their free time. Research shows that in cities many teenagers spend their time indoors, chatting on social media, watching TV or playing video games. These teenagers can have poor posture and they can also be depressed, because they don't spend enough time being active in the fresh air.

In contrast, most teenagers in the countryside spend their free time doing physical activities and playing outdoor games. They also help their parents; they do chores, feed the animals, and milk the cows. Because these teenagers have an active life-style, they are also fitter and don't have so many health problems.



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Activities	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Indoor							
Outdoor							

Activiti 4: Read the poster and complete the information (1–4) with the headings (a–d).

- How does my school enter the competition?
- What do we have to do?
- What can we win? What's the prize?
- What is the theme of the competition?

## National Traditional Games Competition

The Ministry of Education invites ALL schools to participate in a competition.

- ... Traditional games: indoors and outdoors!
- ... Play traditional games! With your teachers, with your classmates: everybody can participate! If lots of people play, you have more chances of winning our fabulous prize.
- ... A school playground. If your school already has one, we are going to improve it with new and better equipment.
- ... Ask your teachers to enter your school in the competition. Ministry inspectors are going to visit schools and judge which school is the winner.



## EJEMPLOS:

### FASE DE EVALUACIÓN

#### ACTIVIDAD A EVALUAR:

Read the chart and complete the benefits of traditional games (1–6) with the phrases in the box. Work with a partner and add some ideas of your own.

1. 'tag' someone but don't let them 'tag' you
2. throw a stone and hop (jump on one foot)
3. jump inside a sack
4. hand coordination
5. find things or people
6. small movements of hands, etc.

Name of the game	Number of players	What you need to play it	Benefits
Hide-and-seek	3+	large area with places to hide	learn how to hide and be quiet develop exploring skills: <sup>1</sup> ... get fresh air
Spinning top	2+	spinning top & some string	develop fine motor skills: <sup>2</sup> ... learn to take turns learn to be a good winner (or loser!)
Jacks	2	set of jacks & a small ball	develop manual skills: <sup>3</sup> ... learn to be a good winner (or loser!)
Tag	3+	large area	develop speed and agility: <sup>4</sup> ... get fresh air
Sack race	3+	large area & one sack per player	develop agility: <sup>5</sup> ... get fresh air learn to be a good winner (or loser!)
Hopscotch	2+	hopscotch board on the ground & a stone	develop agility: <sup>6</sup> ... learn to be a good winner (or loser!)